

Hampton Roads Rowing Club

Race Waiver Form

Club/Team: _____

Coach (if applicable): _____

**High School Coaches,*

You may copy & hand in your school or club USRA waivers in lieu of completing this form.

IN CONSIDERATION of being given the opportunity to participate in this event I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of indoor rowing activities, I am qualified, in good health, and in proper physical condition to participate in this event.

2. FULLY UNDERSTAND that:

(a) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis, and death ("risks");

(b) these risks may be caused by my own actions, or inaction's, the actions of others participating in the event, the condition in which the event takes place, or the negligence of the "releasees" named below;

(c) there may be other risks and social and economic losses either not known to me or not foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the event.

3. AGREE AND WARRANT that I will examine and inspect each "event" in which I take part and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the event and will refuse to take part in the event until the condition has been corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue Hampton Roads Rowing Club, USRowing, the event, their administrators, directors, agents, officers, volunteers and employees, and other participants, event organizers, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the event take (each considered one of the releasees herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations. I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the releasees.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any induction or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force.

Printed name of Participant:

Street: _____

City State and ZIP: _____

Phone: _____

Participant's Signature (only if age 18 or over):

Date: _____

Parental Consent

Parent/Guardian's Signature (only if participant is under the age of 18):

Date: _____