

2009 Hampton Roads Erg Pull						
Event Time	Event	Erg #	Rower	Team	Age	H'cap (sec)
8:30	Mens Jr - Race 1	14	Z. Suhay	Maury	16	
8:30	Mens Jr - Race 1	13	M. Harlan	Maury	17	
8:30	Mens Jr - Race 1	12	N. Finelli	Virginia Beach	15	
8:30	Mens Jr - Race 1	11	R. Heinke	Norfolk Collegiate	0	
8:30	Mens Jr - Race 1	10	J. Penas	Virginia Beach	16	
8:30	Mens Jr - Race 1	9	B. Patzer	Virginia Beach	16	
8:30	Mens Jr - Race 1	8	M. Carille	Virginia Beach	16	
8:30	Mens Jr - Race 1	7	A. Moorefield	Virginia Beach	15	
8:30	Mens Jr - Race 1	6	C. Zadd	Granby	0	
8:30	Mens Jr - Race 1	5	C. Cummings	First Colonial	0	
8:30	Mens Jr - Race 1	4	D. O'Leary	Granby	18	
8:30	Mens Jr - Race 1	3	K. Vachris	Virginia Beach	15	
8:30	Mens Jr - Race 1	2	M. Shugrue	Maury	17	
8:30	Mens Jr - Race 1	1	G. Bryan	Maury	17	
8:45	Mens Jr - Race 2	15	R. Anderson	Maury	19	
8:45	Mens Jr - Race 2	14	R. Nottingham	Virginia Beach	15	
8:45	Mens Jr - Race 2	13	J. Garczynski	Virginia Beach	17	
8:45	Mens Jr - Race 2	12	E. Fleming	Virginia Beach	18	
8:45	Mens Jr - Race 2	11	D. Florendo	Hickory	17	
8:45	Mens Jr - Race 2	10	S. Harris	Virginia Beach	18	
8:45	Mens Jr - Race 2	9	C. Craig	James River	18	
8:45	Mens Jr - Race 2	8	A. Vaccari	First Colonial	0	
8:45	Mens Jr - Race 2	7	M. Wheeler	Virginia Beach	17	
8:45	Mens Jr - Race 2	6	S. Estep	Great Bridge	18	
8:45	Mens Jr - Race 2	5	M. Ferrari	Virginia Beach	18	
8:45	Mens Jr - Race 2	4	D. Lane	Virginia Beach	19	
8:45	Mens Jr - Race 2	3	D. McClenahan	Virginia Beach	17	
8:45	Mens Jr - Race 2	2	M. Tiaba	First Colonial	0	
8:45	Mens Jr - Race 2	1	C. O'Meara	Maury	0	

2009 Hampton Roads Erg Pull						
Event Time	Event	Erg #	Rower	Team	Age	H'cap (sec)
9:00	Mens Jr - Race 3	17	J. Sasek	Virginia Beach	18	
9:00	Mens Jr - Race 3	16	E. Butler	Maury	18	
9:00	Mens Jr - Race 3	15	M. Bragg	Virginia Beach	17	
9:00	Mens Jr - Race 3	14	B. Behm	Virginia Beach	18	
9:00	Mens Jr - Race 3	13	T. Rabidoux	Great Bridge	17	
9:00	Mens Jr - Race 3	12	M. Powers	Hickory	17	
9:00	Mens Jr - Race 3	11	T. Roberts	Virginia Beach	17	
9:00	Mens Jr - Race 3	10	J. Marcinko	Great Bridge	17	
9:00	Mens Jr - Race 3	9	R. Rhodes	Maury		
9:00	Mens Jr - Race 3	8	M. Cade	Virginia Beach	47	
9:00	Mens Jr - Race 3	7	J. Nash	Granby	16	
9:00	Mens Jr - Race 3	6	B. Urbon	Hickory	19	
9:00	Mens Jr - Race 3	5	S. Buckman	Great Bridge	16	
9:00	Mens Jr - Race 3	4	C. Rogeness	Great Bridge	18	
9:00	Mens Jr - Race 3	3	G. Brannan	Great Bridge	18	
9:00	Mens Jr - Race 3	2	Dylan Staples	Hickory	18	
9:00	Mens Jr - Race 3	1	Greg VanOekel	Great Bridge	18	
9:15	Mens Jr Ltwt - Race 1	19	A. Rapp	Norfolk Collegiate	16	
9:15	Mens Jr Ltwt - Race 1	18	R. Stevens	Great Bridge	15	
9:15	Mens Jr Ltwt - Race 1	17	P. dunn	Maury		
9:15	Mens Jr Ltwt - Race 1	16	T. Connelly	Great Bridge	15	
9:15	Mens Jr Ltwt - Race 1	15	W. Cleary	Maury		
9:15	Mens Jr Ltwt - Race 1	14	M. Cleary	Maury		
9:15	Mens Jr Ltwt - Race 1	13	C. Curtis	First Colonial	0	
9:15	Mens Jr Ltwt - Race 1	12	T. Blevins	Virginia Beach	17	
9:15	Mens Jr Ltwt - Race 1	11	T. McGuire	First Colonial	0	
9:15	Mens Jr Ltwt - Race 1	10	T. West	First Colonial	0	
9:15	Mens Jr Ltwt - Race 1	9	C. Vance	First Colonial	0	
9:15	Mens Jr Ltwt - Race 1	8	P. Rice	Maury	16	
9:15	Mens Jr Ltwt - Race 1	7	J. Rhodes	Great Bridge	16	
9:15	Mens Jr Ltwt - Race 1	6	J. Bloomquist	First Colonial	0	
9:15	Mens Jr Ltwt - Race 1	5	J. Cremers	First Colonial	0	
9:15	Mens Jr Ltwt - Race 1	4	G. Davis	First Colonial	0	
9:15	Mens Jr Ltwt - Race 1	3	W. Doan	Hickory	15	
9:15	Mens Jr Ltwt - Race 1	2	S. Devlin	First Colonial	0	
9:15	Mens Jr Ltwt - Race 1	1	T. Rodgers	First Colonial	0	

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Event Time	Event	Erg #	Rower	Team	Age	H'cap (sec)
9:15	Mens Jr Ltwt - Race 2	18	E. Cramer	Virginia Beach	16	
9:15	Mens Jr Ltwt - Race 2	17	J. Sandifer	Great Bridge	15	
9:30	Mens Jr Ltwt - Race 2	16	K. Hightower	Great Bridge	17	
9:30	Mens Jr Ltwt - Race 2	15	K. Aldridge	Hickory	16	
9:30	Mens Jr Ltwt - Race 2	14	N. Garrett	First Colonial	0	
9:30	Mens Jr Ltwt - Race 2	13	J. Geraci	First Colonial	0	
9:30	Mens Jr Ltwt - Race 2	12	C. Beech	Granby	20	
9:30	Mens Jr Ltwt - Race 2	11	W. Lexcen	Hickory	18	
9:30	Mens Jr Ltwt - Race 2	10	P. Lai-LePage	Virginia Beach	18	
9:30	Mens Jr Ltwt - Race 2	9	Z. Lauric	Great Bridge	17	
9:30	Mens Jr Ltwt - Race 2	8	F. Cory	Great Bridge	18	
9:30	Mens Jr Ltwt - Race 2	7	T. Ereio	Hickory	15	
9:30	Mens Jr Ltwt - Race 2	6	A. Shelanski	Maury	17	
9:30	Mens Jr Ltwt - Race 2	5	C. Leschinsky	Hickory	16	
9:30	Mens Jr Ltwt - Race 2	4	L. Whitley	First Colonial	0	
9:30	Mens Jr Ltwt - Race 2	3	Eric Pleasants	First Colonial	0	
9:30	Mens Jr Ltwt - Race 2	2	Curtis Nasis	Virginia Beach	15	
9:30	Mens Jr Ltwt - Race 2	1	Brian Gowder	Great Bridge	19	
9:30	Mens Jr Ltwt - Race 3	18	T. Graven	Great Bridge	16	
9:45	Mens Jr Ltwt - Race 3	17	C. Kee	Virginia Beach	17	
9:45	Mens Jr Ltwt - Race 3	16	J. Blazes	Great Bridge	17	
9:45	Mens Jr Ltwt - Race 3	15	R. Hough	Granby	19	
9:45	Mens Jr Ltwt - Race 3	14	A. Lachowicz	Great Bridge	15	
9:45	Mens Jr Ltwt - Race 3	13	M. Ott	Great Bridge	18	
9:45	Mens Jr Ltwt - Race 3	12	A. Guthner	Great Bridge	16	
9:45	Mens Jr Ltwt - Race 3	11	G. Matthews	Granby	19	
9:45	Mens Jr Ltwt - Race 3	10	J. Mason	Granby	18	
9:45	Mens Jr Ltwt - Race 3	9	J. Trotman	Great Bridge	17	
9:45	Mens Jr Ltwt - Race 3	8	A. Braham	Great Bridge	16	
9:45	Mens Jr Ltwt - Race 3	7	S. Williams	Granby	18	
9:45	Mens Jr Ltwt - Race 3	6	J. Unterseh	Great Bridge	17	
9:45	Mens Jr Ltwt - Race 3	5	R. Heflin	Great Bridge	17	
9:45	Mens Jr Ltwt - Race 3	4	A. Browder	Hickory	18	
9:45	Mens Jr Ltwt - Race 3	3	M. Reagan	Granby	19	
9:45	Mens Jr Ltwt - Race 3	2	Parker Harrell	Great Bridge	19	
9:45	Mens Jr Ltwt - Race 3	1	Mike Pietrantonio	Great Bridge	19	

2009 Hampton Roads Erg Pull						
Event Time	Event	Erg #	Rower	Team	Age	H'cap (sec)
10:00	Mens Jr Coxswains	7	J. Mancini	Virginia Beach	17	
10:00	Mens Jr Coxswains	6	C. Krakower	Great Bridge	14	
10:00	Mens Jr Coxswains	5	M. Powers	Great Bridge	15	
10:00	Mens Jr Coxswains	4	J. Spivey	Maury		
10:00	Mens Jr Coxswains	3	A. Hodges	First Colonial	0	
10:00	Mens Jr Coxswains	2	Kerry McGeein	Virginia Beach	18	
10:00	Mens Youth	1	Christan Gordon	Broadwater	14	
10:15	Mens Veteran (age 50+)	15	Henry Griggs	Juniper	54	36.5
10:15	Mens Veteran (age 50+)	14	B. Stokes	Unaffiliated	53	33.8
10:15	Mens Veteran (age 50+)	13	J. Bowers	Hampton Roads	59	51.2
10:15	Mens Veteran (age 50+)	12	M. Longworth	Unaffiliated	61	57.8
10:15	Mens Veteran (age 50+)	11	Jeff Budimer	Unaffiliated	55	39.2
10:15	Mens Veteran (age 50+)	10	George Galyo	Juniper	50	26.4
		5				
10:15	Mens Masters (age 27-39)	9	John. Nemish	Virginia Beach	28	0
10:15	Mens Masters (age 27-39)	8	Bryan Stambaugh	Great Bridge	35	3.2
		4				
10:15	Mens Senior (age 40- 49)	6	B. Hood	Virginia BC		
10:15	Mens Senior (age 40- 49)	5	G. Strauser	Unaffiliated	44	14.5
10:15	Mens Senior (age 40- 49)	4	Scott Smith	Hampton Roads	45	16.2
		3				
10:15	Womens Senior (age 40-49)	2	J. Parker	Eastern Shore	47	20
10:15	Womens Senior (age 40-49)	1	Ann Wingen	James River	47	20

2009 Hampton Roads Erg Pull						
Event Time	Event	Erg #	Rower	Team	Age	H'cap (sec)
10:30	Womens Jr - Race 1	20	L. Soady	First Colonial	0	
10:30	Womens Jr - Race 1	19	E. Vesely	Hickory	16	
10:30	Womens Jr - Race 1	18	J. Settles	Maury		
10:30	Womens Jr - Race 1	17	M. Duvall	First Colonial	0	
10:30	Womens Jr - Race 1	16	K. Gorog	First Colonial	0	
10:30	Womens Jr - Race 1	15	M. Cronquist	Virginia Beach	15	
10:30	Womens Jr - Race 1	14	E. Church	Maury		
10:30	Womens Jr - Race 1	13	C. Patzer	Virginia Beach	18	
10:30	Womens Jr - Race 1	12	A. Hayes	Maury	18	
10:30	Womens Jr - Race 1	11	M. Gordon	Virginia Beach	16	
10:30	Womens Jr - Race 1	10	W. Rivera	Virginia Beach	17	
10:30	Womens Jr - Race 1	9	E. Anderson	Great Bridge	17	
10:30	Womens Jr - Race 1	8	M. St John	First Colonial	0	
10:30	Womens Jr - Race 1	7	K. Miller	First Colonial	0	
10:30	Womens Jr - Race 1	6	T. Plackett	Virginia Beach	16	
10:30	Womens Jr - Race 1	5	C. Kayser	Virginia Beach	18	
10:30	Womens Jr - Race 1	4	S. Harke	Great Bridge	16	
10:30	Womens Jr - Race 1	3	A. Hughes	Great Bridge	17	
10:30	Womens Jr - Race 1	2	G. Jordan	Maury		
10:30	Womens Jr - Race 1	1	Hannah StJohn	Hickory	15	
10:45	Womens Jr - Race 1	19	K. Mcqueeney	First Colonial	0	
10:45	Womens Jr - Race 2	18	D. Matte	Maury	0	
10:45	Womens Jr - Race 2	17	L. Overton	Virginia Beach	18	
10:45	Womens Jr - Race 2	16	A. South	James River	0	
10:45	Womens Jr - Race 2	15	R. Wingen	James River	0	
10:45	Womens Jr - Race 2	14	K. Stewart	First Colonial	0	
10:45	Womens Jr - Race 2	13	B. Richardson	James River	17	
10:45	Womens Jr - Race 2	12	R. Harrison	James River	18	
10:45	Womens Jr - Race 2	11	B. Coren	Granby	19	
10:45	Womens Jr - Race 2	10	K. Richmond	Hickory	19	
10:45	Womens Jr - Race 2	9	S. Hess	Virginia Beach	16	
10:45	Womens Jr - Race 2	8	N. Klunk	Virginia Beach	16	
10:45	Womens Jr - Race 2	7	M. Skaggs	Granby	0	
10:45	Womens Jr - Race 2	6	L. Ainley	Great Bridge	17	
10:45	Womens Jr - Race 2	5	S. Vorona	Virginia Beach	17	
10:45	Womens Jr - Race 2	4	M. Brown	First Colonial	0	
10:45	Womens Jr - Race 2	3	C. Moss	Virginia Beach	17	
10:45	Womens Jr - Race 2	2	C. Bishop	Granby	0	
10:45	Womens Jr - Race 2	1	Catherine Bogdanowicz	Great Bridge	18	

2009 Hampton Roads Erg Pull						
Event Time	Event	Erg #	Rower	Team	Age	H'cap (sec)
11:00	Womens Jr - Race 3	18	A. Horeczko	Granby	0	
11:00	Womens Jr - Race 3	17	A. Vedros	Great Bridge	17	
11:00	Womens Jr - Race 3	16	S. Davis	Granby	19	
11:00	Womens Jr - Race 3	15	T. Green	James River	0	
11:00	Womens Jr - Race 3	14	E. JOURNIGAN	Virginia Beach	16	
11:00	Womens Jr - Race 3	13	E. Sanchez	Granby	19	
11:00	Womens Jr - Race 3	12	R. Sandlin	Virginia Beach	16	
11:00	Womens Jr - Race 3	11	M. Will	Virginia Beach	17	
11:00	Womens Jr - Race 3	10	M. Buis	First Colonial	0	
11:00	Womens Jr - Race 3	9	J. Dutzer	Virginia Beach	16	
11:00	Womens Jr - Race 3	8	N. Harrison	Virginia Beach	18	
11:00	Womens Jr - Race 3	7	M. Murphy	Great Bridge	18	
11:00	Womens Jr - Race 3	6	P. Madison	Virginia Beach	18	
11:00	Womens Jr - Race 3	5	J. Adams	Granby	19	
11:00	Womens Jr - Race 3	4	C. Adams	Great Bridge	16	
11:00	Womens Jr - Race 3	3	K. O'Reilly	Great Bridge	17	
11:00	Womens Jr - Race 3	2	H. Reese	Great Bridge	18	
11:00	Womens Jr - Race 3	1	Heather Cummings	First Colonial	0	
11:15	Womens Jr Ltwt - Race 1	17	Ali Foss	Maury	15	
11:15	Womens Jr Ltwt - Race 1	16	T. Sellers	Virginia Beach	15	
11:15	Womens Jr Ltwt - Race 1	15	A. Anderson	Virginia Beach	15	
11:15	Womens Jr Ltwt - Race 1	14	C. Verdeschi	Hickory	17	
11:15	Womens Jr Ltwt - Race 1	13	C. Newton	Maury		
11:15	Womens Jr Ltwt - Race 1	12	J. Bradshaw	First Colonial	0	
11:15	Womens Jr Ltwt - Race 1	11	A. Meenan	First Colonial	0	
11:15	Womens Jr Ltwt - Race 1	10	M. Murphey	First Colonial	0	
11:15	Womens Jr Ltwt - Race 1	9	S. Andersen	First Colonial	0	
11:15	Womens Jr Ltwt - Race 1	8	S. Sayers	First Colonial	0	
11:15	Womens Jr Ltwt - Race 1	7	S. Maddox	Virginia Beach	15	
11:15	Womens Jr Ltwt - Race 1	6	S. Maddox	Virginia Beach	15	
11:15	Womens Jr Ltwt - Race 1	5	M. LaSalle	First Colonial	0	
11:15	Womens Jr Ltwt - Race 1	4	C. Liddell	Great Bridge	19	
11:15	Womens Jr Ltwt - Race 1	3	K. Wagner	Virginia Beach	18	
11:15	Womens Jr Ltwt - Race 1	2	H. Crockett	Maury	15	
11:15	Womens Jr Ltwt - Race 1	1	Taylor Wilson	Virginia Beach	17	

2009 Hampton Roads Erg Pull						
Event Time	Event	Erg #	Rower	Team	Age	H'cap (sec)
12:00	MV4 Jr Team Challenge 1k - Cox, FC, GB, Hickory, Maury			(See team sheet for erg assignments)		
12:10	MLt4 Jr Team Challenge 1k - Cox, FC, GB					
12:20	MN4 Jr Team Challenge 1k - FC, GB, Hickory					
12:30	WV4 Jr Team Challenge 1k - Cox, FC, GB, Hickory, JR					
12:40	WLt4 Jr Team Challenge 1k - Cox, FC GB					
1:00	Womens Open	15	S. Miers	Old Dominion	21	
1:00	Womens Open	14	A. Sanchez	Old Dominion	20	
1:00	Womens Open	13	R. Litchfield-Bender	Old Dominion	0	
1:00	Womens Open	12	K. Keefer	Old Dominion	0	
1:00	Womens Open	11	M. Kent	Old Dominion	19	
1:00	Mens Open	10	Neil McMillian	Unaffiliated		
1:00	Mens Open	9	S. Coffey	Old Dominion	20	
1:00	Mens Open	8	A. Blythe	Old Dominion		
1:00	Mens Open	7	K. Viken	Old Dominion	20	
1:00	Mens Open	6	A. Sharolli	Old Dominion	20	
1:00	Mens Open	5	J. Richardson	Old Dominion	19	
1:00	Mens Open	4	A. Stickl	Old Dominion	20	
1:00	Mens Open	3	T. Ricci	Old Dominion	20	
1:00	Mens Open	2	D. Smith	Unaffiliated	0	
1:00	Mens Open	1	K. Chopek	Unaffiliated	29	

2009 Hampton Roads Erg Pull						
Event Time	Event	Erg #	Rower	Team	Age	H'cap (sec)
5K and 10K Erg Area						
9:00	Womens Jr 5k		E. Ertel	James River		
9:00	Womens Masters 5k		P. Reali	Hampton Roads	41	24.5
9:00	Womens Masters 5k		G. Beck	Hampton Roads	58	120.1
9:00	Womens Masters 5k		W. Farnham	Hampton Roads	59	128
9:45	Womens Jr 10k		M. Hunter	Hampton Roads	17	0
10:30	Mens Open 5k		M. Jewell	Old Dominion	0	0
10:30	Mens Open 5k		S. Kotter	Old Dominion	19	0
10:30	Mens Open 5k		Daniel Smith	Unaffiliated		
11:00	Mens Open 10k		T. Ricci	Old Dominion	20	0
11:00	Mens Veteran 10k		N. Conner	Hampton Roads	56	210
11:00	Mens Master 10k		P. LaPlace	Hampton Roads	40	42