

# **HAMPTON ROADS ROWING CLUB**

## **LEARN TO ROW CLASSES STARTING FOR SUMMER 2008**

Lakewood Park, Robertson Boathouse, Norfolk.

All classes on Saturday 12:00 p.m. - 2:00 p.m.

Monday and Wednesday are from 6:00 p.m. - 8:00 p.m.

### **Session 1**

April 19, Saturday  
April 21, Monday  
April 23, Wednesday  
April 26, Saturday  
April 28, Monday  
April 30, Wednesday  
May 3, Saturday  
May 5, Monday  
May 7, Wednesday  
May 10, Saturday  
May 12, Monday  
May 14, Wednesday

### **Session 2**

June 4, Wednesday  
June 7, Saturday  
June 9, Monday  
June 11, Wednesday  
June 14, Saturday  
June 16, Monday  
June 18, Wednesday  
June 21, Saturday  
June 23, Monday  
June 25, Wednesday  
June 28, Saturday  
June 30, Monday

### **Session 3**

July 21, Monday  
July 23, Wednesday  
July 26, Saturday  
July 28, Monday  
July 30, Wednesday  
August 2, Saturday  
August 4, Monday  
August 6, Wednesday  
August 9, Saturday  
August 11, Monday  
August 13, Wednesday  
August 16, Saturday

There are 12 classes in each session. The cost for the 12 classes is \$230.00. Payment must be received before the first day of class or you will lose your spot in the class. All sessions are limited to 10 rowers and will be filled in the order payments is received. All participants must be at least 18 years old and **must know how to swim.**

All inquiries via email go to [learntorow@hrrc.net](mailto:learntorow@hrrc.net)  
or contact Susan Dierksen at 757-567-7052.