

A word to the Wise and guidance to the new members

When you join the Club from a Learn to row Class you still need a session with the coach on taking out a single. When joining the Club from a Learn to Scull class, you also need help on that first outing. Your orientation session with a Club Committee Member also should acquaint you with the protocol of the Boathouse but, as a reminder, bear these points in mind.

1. Never give the Code to anyone else
2. Bathrooms are not for the general public.
3. All doors need to be closed.
4. Put out Club slings for your boat before taking it out.
5. Check the reservations to find out if you can use the boat and/or when it's to be back at the dock.
6. Sign out on the White Board giving the necessary information.
7. Take blades down to the dock and put them in the middle longways so people don't stand on them
8. Level One boats are;

The Echo- for complete beginners. Its not our boat and we have to hand it back – in mint condition. No weight limit

The Alden Double – this needs the fittings carried down and inserted – and is for beginners also. Weight limit for 2 people not to exceed 300 lbs.

Alden Star – for lighter people with slimmer thighs

Alden Midweight – with pop –outs

Alden Heavyweight – with pop-outs

Both of these boats can by dropping the gates down and putting the pop outs up at the top of the pin be used by lightweight rowers as well as mids and heavies.

Grey Whale – for heaviest beginners – much tippier than the others so not for first time users

MAKE SURE YOUR OARLOCKS ARE TURNED TOWARDS YOUR FEET THEN PUT THE SCULLS IN, NEARSIDE FIRST.

9. There is a mileage requirement then a test to get out of Level One into the next boat which is Level Two

J. Kelly only, rigged low so suits light and middle weight.

10 There is a mileage and skills test to move on to Level Three

Drew Harrison for lightweights, women, under 165lbs

Peinart for heavys

Matrix 2x – this is our best boat and is for the top scullers. The most experienced/local sculler always goes at bow to steer.

11. Level One- the Beast

You can take this boat out if you only have 7 rowers and a cox. Have the bow seat empty but remove the seat. You need to take a tool with you to tighten the stretchers.

The Minibeast – which is currently rigged as a quad with Bow using the steering mechanism so you need an experienced bow person and the Coaching launch with

you at first. Point your toe the way you want to go is the mantra. If you have a cox, the wires are crossed so you need to pull the opposite hand. You can go out with just 3 people in this boat but need to be careful carrying it.

12. Argo – a heavy weight eight and you have pop outs to let you adjust the swivels on the pins. Again you can go out with just 7 people and a cox.

Dirigo – the men's heavyweight four but novice women will be able to use if for part of the time. It has popouts

13. Vespoli- women's four. You need to be checked out in this boat by the Head Coach or Boat Captain. Coxes need to have completed the Club Coxing Clinic.

14 Dinsmore Coxless Pair

You need to be checked out in this as it is extremely tippy and it's primarily to improve your sweep rowing so you need to be rowing in the top sweep fours and the Mace

15 Mace– midweight, our top eight so used by top crews, cox must be experienced and have completed the Club Coxing Clinic. All seats must be filled

No one may change the rigging on any boat without permission.

You can move stretchers, shoes, popouts (spacers) and add clams.

Coxes need to recharge cox boxes – priority for usage of those are eights first.

No one may use the private boats, oars, racks or slings stored in the boathouse without the owner's permission.

On returning to the boathouse, clean and dry all equipment.

Log all boat usage. Report any damage or problem.

Lights out, Lock up

Do not leave the doors up when there is no one in the house.