

Hampton Roads Erg Pull						
02/13/2016 - Bishop Sullivan Catholic High School						
Mens Jr Lightweight Results						
Place	Erg	Rower Name	School	Time	Distance	Avg. Pace
1	18	English J	Great Bridge	07:00.4	2000	01:45.1
2	17	Howells J	Cox	07:02.4	2000	01:45.6
3	12	Scraba S	Hickory	07:06.2	2000	01:46.6
4	15	South M	Mobjack	07:07.0	2000	01:46.7
5	11	Pohl J	Hickory	07:16.1	2000	01:49.0
6	13	Knebl S	Mobjack	07:16.9	2000	01:49.2
7	5	Brannan J	Great Bridge	07:17.2	2000	01:49.3
8	8	Hagen D	Cox	07:17.3	2000	01:49.3
9	9	Davitt S	Sullivan	07:24.3	2000	01:51.1
10	14	Houle J	Hickory	07:24.9	2000	01:51.2
11	10	Griffin P	FC / Patriot	07:25.6	2000	01:51.4
12	19	Forbes L	James River	07:27.8	2000	01:51.9
13	4	Schaus N	Granby	07:28.0	2000	01:52.0
14	6	Jeffers J	Mobjack	07:32.0	2000	01:53.0
15	4	Rector R	Cox	07:34.3	2000	01:53.6
16	OSR	Catera Z	FC / Patriot	07:35.2	2000	01:53.8
17	16	Rapacon C	Granby	07:36.1	2000	01:54.0
18	17	Tugas R	Great Bridge	07:36.5	2000	01:54.1
19	10	Answorth C	Hickory	07:37.5	2000	01:54.4
20	12	Schug C	Cox	07:38.7	2000	01:54.7
21	13	Stott L	Hickory	07:39.6	2000	01:54.9
22	15	Hayden A	Granby	07:44.6	2000	01:56.1
23	6	Fuhrman S	Cox	07:45.3	2000	01:56.3
24	9	Sanchez A	Granby	07:49.0	2000	01:57.2
25	2	Cross J	Great Bridge	07:50.0	2000	01:57.5
26	18	Harris J	Great Bridge	07:50.6	2000	01:57.6
27	18	Lutzkanin K	Hickory	07:55.0	2000	01:58.7
28	16	Eisenbraun Z	Hickory	07:55.2	2000	01:58.8
29	7	Jessee H	Great Bridge	07:56.8	2000	01:59.2
30	11	Driscoll C	Granby	07:57.0	2000	01:59.3
31	3	Garrow B	Great Bridge	07:58.7	2000	01:59.7
32	1	Anderson G	Great Bridge	08:00.0	2000	02:00.0
33	12	Houk Q	Hickory	08:03.5	2000	02:00.9
34	5	Wallace A	Hickory	08:04.5	2000	02:01.1
35	15	Answorth J	Hickory	08:05.2	2000	02:01.3
36	13	Romulo L	Hickory	08:09.6	2000	02:02.4
37	19	Ross J	Hickory	08:09.7	2000	02:02.4
38	14	Ambrosio A	Cox	08:10.2	2000	02:02.6
39	10	Burbage C	Cox	08:12.8	2000	02:03.2
40	17	Spicer T	Hickory	08:20.0	2000	02:05.0
41	2	Tate L	FC / Patriot	08:23.9	2000	02:06.0
42	14	Joslin D	Great Bridge	08:29.4	2000	02:07.3
43	9	Hendricks JJ	Hickory	08:33.4	2000	02:08.4
44	8	Pilla C	Cox	08:35.5	2000	02:08.9

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Mens Masters (27-39) Results								
Place	Erg	Rower Name	Affiliation	Time	Distance	Avg. Pace	Handicap	Final
1 (event record)	7	McMullin J	SK Crossfit	06:14.9	2000	01:33.7	00:00.5	06:14.4
2	6	Donovan J	Crew Donovan	06:37.1	2000	01:39.3	00:05.0	06:32.1
3	5	Coslick P	Granby	06:56.2	2000	01:44.0	00:05.0	06:51.2
4	8	Behny R	Virginia	06:54.2	2000	01:43.6	00:01.3	06:52.9
5	4	Gebhard R	Unaffiliated	06:55.3	2000	01:43.8	00:00.8	06:54.5
6	9	Densmore A	Virginia BC	06:56.2	2000	01:44.0	00:01.3	06:54.9
7	1	Polensky W	Unaffiliated	07:27.7	2000	01:51.9	00:07.2	07:20.5
8	3	Leuer C	Unaffiliated	07:28.7	2000	01:52.2	00:00.2	07:28.5
9	12	Ramirez R	HRRC	07:33.1	2000	01:53.3	00:00.2	07:32.9
10	2	Nance J	Unaffiliated	07:44.6	2000	01:56.1	00:04.1	07:40.5
11	11	Newton D	Unaffiliated	08:14.9	2000	02:03.7	00:00.0	08:14.9
Mens Senior (40-49) Results								
Place	Erg	Rower Name	Affiliation	Time	Distance	Avg. Pace	Handicap	Final
1	N/A	Jacobs S	HRRC	07:01.5	2000	1:45.4	00:09.8	06:51.7
2	N/A	Schoener A	Unaffiliated	07:04.9	2000	1:46.2	00:09.8	06:55.1
3	N/A	McGale T	VA Beach	08:18.1	2000	2:04.5	00:26.5	07:51.6
4	N/A	Nash K	Unaffiliated	08:07.9	2000	2:02.0	00:14.5	07:53.4
Mens Veteran (50+) Results								
Place	Erg	Rower Name	Affiliation	Time	Distance	Avg. Pace	Handicap	Final
1	N/A	Smith S	HRRC	07:04.8	2000	1:46.2	00:31.3	06:33.5
2	N/A	O'Brien J	HRRC	07:43.9	2000	1:56.0	01:04.8	06:39.1
3	N/A	Callahan T	VA Beach	07:24.5	2000	1:51.1	00:36.5	06:48.0
4	N/A	Taylor J	HRRC	08:30.6	2000	2:07.7	01:28.2	07:02.4
5	N/A	Whitsel R	VA Beach	07:33.5	2000	1:53.4	00:28.8	07:04.7
6	N/A	Rupp C	VA Beach	08:19.8	2000	2:04.9	00:45.0	07:34.8
Womens Masters (27-39) Results								
Place	Erg	Rower Name	Affiliation	Time	Distance	Avg. Pace	Handicap	Final
1	08:03.0	Berge A	HRRC	08:03.0	2000	2:00.8	00:00.1	08:02.9
Womens Veteran (50+) Results								
Place	Erg	Rower Name	Affiliation	Time	Distance	Avg. Pace	Handicap	Final
1	08:07.0	Brown T	Hickory	08:07.0	2000	2:01.7	00:26.5	07:40.5
2	08:35.6	Rupp L	VA Beach	08:35.6	2000	2:08.9	00:31.3	08:04.3
3	10:06.9	McNeilan S	HRRC	10:06.9	2000	2:31.7	01:08.5	08:58.4
4	09:38.2	Leyden L	HRRC	09:38.2	2000	2:24.5	00:31.3	09:06.9
5	10:47.1	Martinez C	Sullivan	10:47.1	2000	2:41.8	00:54.4	09:52.7

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Womens Senior (40-49) Results								
Place	Erg	Rower Name	Affiliation	Time	Distance	Avg. Pace	Handicap	Final
1	08:34.1	Stefanko K	HRRC	08:34.1	2000	2:08.5	00:14.5	08:19.6
2	09:20.4	Burger D	VA Beach	09:20.4	2000	2:20.1	00:26.5	08:53.9
3	09:29.4	Wright D	HRRC	09:29.4	2000	2:22.3	00:16.2	09:13.2
Boys / Girls Youth 250M								
Place	Erg	Rower Name	Time	Distance	Avg. Pace			
1	N/A	Reali B	00:59.0	250	1:58.1			
2	N/A	McNicholas M	01:02.9	250	2:05.8			
3	N/A	Carter E	01:07.7	250	2:15.3			
4	N/A	Cloe I	01:10.0	250	2:20.0			
5	N/A	Reali T	01:16.0	250	2:32.1			
6	N/A	Remmers T	01:25.0	250	2:49.9			
7	N/A	Donovan H	01:26.4	250	2:52.8			
8	N/A	Donovan I	01:38.6	250	3:17.2			
9	N/A	Yates S	01:48.8	250	3:37.6			
10	N/A	Sanchez P	01:52.3	250	3:44.6			
11	N/A	Gebhard E	01:53.2	250	3:46.3			
Coxswain Race (1000M)								
Place	Erg	Rower Name	School	Time	Distance	Avg. Pace		
1		Dunham L	Great Bridge	03:57.4	1000	1:58.7		
2		Lee N	Sullivan	04:03.7	1000	2:01.8		
3		Carmel E	Hickory	04:07.7	1000	2:03.9		
4		Dominguez-Tuin A	Great Bridge	04:26.7	1000	2:13.3		
5		O'Connor M	Cox	04:42.8	1000	2:21.4		
6		King E	Cox	05:01.8	1000	2:30.9		
7		Hahn K	Cox	05:09.1	1000	2:34.5		
8		Worrell M	Sullivan	06:59.0	1000	3:29.5		
Open Women								
Place	Erg	Rower Name	School	Time	Distance	Avg. Pace		
1	07:55.3	Mouganis N	CNU RC	07:55.3	2000	1:58.8		
Open Men								
Place	Erg	Rower Name	Affiliation	Time	Distance	Avg. Pace		
1	06:40.2	Konradson K	CrossFit757	06:40.2	2000	1:40.1		
2	06:50.7	Copeland M	CNU RC	06:50.7	2000	1:42.7		
3	06:58.7	Dougherty P	CNU RC	06:58.7	2000	1:44.7		
4	07:04.2	Scherbenske D	CNU RC	07:04.2	2000	1:46.1		

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Team Challenge Race 1						
Place	Time	Meters	Boat/Team Na	Avg. Pace		
1	03:20.5	1000	GBC-M	1:40.2		
2	03:27.5	1000	Mobjack-M	1:43.7		
3	03:28.0	1000	Cox-M	1:44.0		
4	03:32.5	1000	Hickory-M	1:46.3		
5	04:29.5	1000	Cox-W	2:14.7		
Detailed Results						
Place	Lane	Team Name	Rower Name	Time	Distance	Avg. Pace
1	3	GBC-M		03:20.5	1000	01:40.2
			Lane3-1		1005	01:39.7
			Lane3-2		997	01:40.5
			Lane3-3		1000	01:40.2
			Lane3-4		998	01:40.4
2	2	Mobjack-M		03:27.5	1000	01:43.7
			Lane2-1		1019	01:41.8
			Lane2-2		972	01:46.7
			Lane2-3		1001	01:43.6
			Lane2-4		1009	01:42.8
3	4	Cox-M		03:28.0	1000	01:44.0
			Lane4-1		1009	01:43.1
			Lane4-2		1011	01:42.8
			Lane4-3		994	01:44.6
			Lane4-4		990	01:45.0
4	1	Hickory-M		03:32.5	1000	01:46.3
			Lane1-1		981	01:48.3
			Lane1-2		1016	01:44.5
			Lane1-3		1038	01:42.3
			Lane1-4		969	01:49.6
5	5	Cox-W		04:29.5	1000	02:14.7
			Lane5-1		983	02:17.0
			Lane5-2		998	02:15.0
			Lane5-3		994	02:15.5
			Lane5-4		1029	02:10.9

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Team Challenge Race 3						
Place	Time	Meters	Boat/Team Na	Avg. Pace		
1	03:45.3	1000	Mobjack	1:52.7		0
2	04:00.5	1000	Cox-A	2:00.2		0
3	04:03.4	1000	Granby	2:01.7		0
4	04:05.9	1000	Hickory	2:03.0		0
5	04:12.0	1000	Cox-B	2:06.0		0
Detailed Results						
Place	Lane	Team Name	Rower Name	Time	Distance	Avg. Pace
1	3	Mobjack		03:45.3	1000	01:52.7
			Lane3-1		989	01:53.8
			Lane3-2		1013	01:51.2
			Lane3-3		980	01:54.9
			Lane3-4		1017	01:50.9
2	2	Cox-A		04:00.5	1000	02:00.2
			Lane2-1		1014	01:58.4
			Lane2-2		995	02:00.8
			Lane2-3		1004	01:59.7
			Lane2-4		989	02:01.6
3	4	Granby		04:03.4	1000	02:01.7
			Lane4-1		1013	01:59.9
			Lane4-2		993	02:02.5
			Lane4-3		997	02:02.1
			Lane4-4		1000	02:01.8
4	1	Hickory		04:05.9	1000	02:03.0
			Lane1-1		995	02:03.5
			Lane1-2		1023	02:00.2
			Lane1-3		953	02:09.0
			Lane1-4		1028	01:59.5
5	5	Cox-B		04:12.0	1000	02:06.0
			Lane5-1		965	02:10.6
			Lane5-2		1045	02:00.5
			Lane5-3		982	02:08.2
			Lane5-4		1014	02:04.1

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Team Challenge Race 4						
Place	Time	Meters	Boat/Team Na	Avg. Pace		
1	04:02.4	1000	Hickory MN	2:01.2		0
2	04:06.5	1000	Mobjack Lt	2:03.2		0
3	04:14.0	1000	Granby Lt	2:07.0		0
4	04:35.5	1000	Hickory Lt	2:17.7		0
5	04:44.5	1000	Hickory WN	2:22.2		0
Detailed Results						
Place	Lane	Team Name	Rower Name	Time	Distance	Avg. Pace
1	5	Hickory MN		04:02.4	1000	02:01.2
			Lane5-1		1023	01:58.4
			Lane5-2		1017	01:59.2
			Lane5-3		1029	01:57.8
			Lane5-4		931	02:10.2
2	2	Mobjack Lt		04:06.5	1000	02:03.2
			Lane2-1		1017	02:01.1
			Lane2-2		1030	01:59.6
			Lane2-3		973	02:06.6
			Lane2-4		985	02:05.1
3	3	Granby Lt		04:14.0	1000	02:07.0
			Lane3-1		1016	02:05.0
			Lane3-2		1009	02:05.8
			Lane3-3		963	02:11.9
			Lane3-4		1015	02:05.1
4	1	Hickory Lt		04:35.5	1000	02:17.7
			Lane1-1		1059	02:10.1
			Lane1-2		963	02:23.0
			Lane1-3		946	02:25.5
			Lane1-4		1037	02:12.7
5	4	Hickory WN		04:44.5	1000	02:22.2
			Lane4-1		945	02:30.4
			Lane4-2		1019	02:19.5
			Lane4-3		1053	02:15.0
			Lane4-4		988	02:23.9

Hampton Roads Erg Pull						
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Team Challenge Dumbells PT						
Place	Time	Meters	Boat/Team Na	Avg. Pace		
1	08:43.0	2000	Dumbells PT C	2:10.7		0
2	08:49.0	2000	Dumbells PT A	2:12.2		0
3	09:40.9	2000	Dumbells PT D	2:25.2		0
4	09:41.5	2000	Dumbells PT B	2:25.4		0
5	0	0	Dumbells PT E			0
Detailed Results						
Place	Lane	Team Name	Rower Name	Time	Distance	Avg. Pace
1	3	Dumbells PT C		08:43.0	2000	02:10.7
			Lane3-1		2110	02:03.9
			Lane3-2		2226	01:57.4
			Lane3-3		1838	02:22.2
			Lane3-4		1826	02:23.2
2	1	Dumbells PT A		08:49.0	2000	02:12.2
			Lane1-1		1857	02:22.4
			Lane1-2		2083	02:06.9
			Lane1-3		2448	01:48.0
			Lane1-4		1614	02:43.8
3	4	Dumbells PT D		09:40.9	2000	02:25.2
			Lane4-1		2196	02:12.2
			Lane4-2		1779	02:43.2
			Lane4-3		1723	02:48.6
			Lane4-4		2307	02:05.8
4	2	Dumbells PT B		09:41.5	2000	02:25.4
			Lane2-1		1871	02:35.4
			Lane2-2		2124	02:16.8
			Lane2-3		1654	02:55.8
			Lane2-4		2354	02:03.5